



2-1-1 Knox County

Every hour of every day, someone in Knox County searches for services, from substance abuse treatment to care for a child or aging parent, food, housing or financial assistance. With hundreds of health and human service programs, finding help can seem insurmountable. 2-1-1 can help.

2-1-1 is an easy-to-remember, non-emergency telephone number that connects people with essential community information and services. 2-1-1 save time and frustration through specialists who match callers to the right agency based on each caller's need

The 24 hour line makes it easy for the public to navigate the maze of human service providers and help lines. All calls are free, anonymous and confidential.

Callers can get live assistance with needs such as:

- Food and shelter
- Counseling and mental health services
- Income and employment support
- Help for the elderly and people with disabilities
- Resources for children and families

Information can also be found at www.findhelp211.org